

2022 Athlete Development Programme

Selection eligibility

Standards

The ADP 2022 standards have been created by softening the NAP (National Age Programme) **Bronze** times by 5%. This has been adopted for Female 13-16yrs and Male 14-16yrs for Olympic events only, as per the NAP. The standards can be met through times achieved from Long Course event times.

These standards will provide a benchmark for those swimmers who are targeting the NAP programme in future



Squad announcement

The ADP squad will be announced on Friday June 10th, after consolidation of all times made by Wellington swimmers between January 1st 2022 – June 1st 2022 (inclusive). The squad will be made up of swimmers aged 13 - 16 years old (Age as of June 1st)



Swimmers aged 17+

All regional swimmers who have been selected in SNZ's senior camps and age group squads will be included, as well as those swimmers identified by coaches who have exceptional talent and commitment to the sport.

See full list of Senior swimmers here.



S&C and athlete seminars

S&C training will be offered to all athletes on the programme. Nuku Ora will be hosting seminars for those on the programme, focusing on athlete development and facilitated by athletes from multiple codes. Development seminars and S&C opportunities will be communicated to the swimmers after selection is made.

All selections for the above squads will be made in consultation with club coaches who will have the final sign off on inclusion within the programme.

Approved: March 2022

Review: Annually

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