



Qualifying Times

2022 MALE QUALIFYING TIMES					2022 FEMALE QUALIFYING TIMES			
9/U	10	11	12	DIST.	9/U	10	11	12
FREESTYLE								
0.44	0.44	0.41	0.39	50	0.44	0.44	0.41	0.38
1:43	1:35	1:29	1:25	100	1:43	1:35	1:29	1:21
3.18	3.18	3.03	2.55	200	3.19	3.19	3.05	2.55
5.50	5.50	5.50	5.50	400	6.00	6.00	6.00	6.00
BACKSTROKE								
0.50	0.49	0.47	0.44	50	0.50	0.49	0.47	0.44
1:51	1:47	1:41	1:36	100	1:51	1:48	1:41	1:36
3.35	3.35	3.22	3.10	200	3.35	3.35	3.24	3.14
BREASTSTROKE								
1.00	0.57	0.53	0.50	50	1.00	0.57	0.53	0.49
2.12	2.00	1.56	1.47	100	2.12	2.00	1.56	1.46
4.05	4.05	3.50	3.40	200	4.05	4.05	3.55	3.40
BUTTERFLY								
0.55	0.54	0.48	0.45	50	0.56	0.54	0.48	0.44
2.00	1.52	1.43	1.40	100	2.00	1.53	1.45	1.41
3.37	3.37	3.37	3.37	200	3.42	3.42	3.42	3.42
INDIVIDUAL MEDLEY								
1.57	1.50	1.43	1.39	100	1.57	1.57	1.46	1.39
4.05	4.05	3:45	3:35	200	4.05	4.05	3:45	3:35
6.45	6.45	6.45	6.45	400	7.02	7.02	7.02	7.02



**THE LION
FOUNDATION**

