



Swimming Wellington Relay Championships 2019



Date: Saturday 3 August 2019
Warm-up: 4.30pm – 4.55pm
Racing Starts: 5.00pm

Pool Setup: Short Course
Open to: Club & Competitive swimmers
Venue: WRAC – Deep end

RICOH
 imagine. change.

EV#	AGE	DESCRIPTION	DIST	COMPOSITION	TROPHY
1	Super 5 Relay	Freestyle Relay	5x100m	1 swimmer from each age group, boy or girl	Walker & Hall Trophy
2	9yrs & Under	Medley Relay	4x50m	Boys	Medals
3	9yrs & Under	Medley Relay	4x50m	Girls	Medals
4	11yrs & Under	Medley Relay	4x50m	Boys	Medals
5	11yrs & Under	Medley Relay	4x50m	Girls	Medals
6	13yrs & Under	Medley Relay	4x50m	Boys	Medals
7	13yrs & Under	Medley Relay	4x50m	Girls	Medals
8	15yrs & Under	Medley Relay	4x50m	Boys	Medals
9	15yrs & Under	Medley Relay	4x50m	Girls	Medals
10	9yrs & Under	Medley Relay	4x50m	Mixed	BGI Trophy
11	11yrs & Under	Medley Relay	4x50m	Mixed	Inglis Trophy
12	13yrs & Under	Medley Relay	4x50m	Mixed	BGI Trophy
13	15yrs & Under	Medley Relay	4x50m	Mixed	Neill Cup
14	Open Men	Medley Relay	4x50m	Boys	Kapiti Cup
15	Open Women	Medley Relay	4x50m	Girls	BGI Trophy
16	9yrs & Under	Freestyle Relay	4x50m	Boys	Medals
17	9yrs & Under	Freestyle Relay	4x50m	Girls	Medals
18	11yrs & Under	Freestyle Relay	4x50m	Boys	Medals
19	11yrs & Under	Freestyle Relay	4x50m	Girls	Medals
20	13yrs & Under	Freestyle Relay	4x50m	Boys	Medals
21	13yrs & Under	Freestyle Relay	4x50m	Girls	Medals
22	15yrs & Under	Freestyle Relay	4x50m	Boys	Medals
23	15yrs & Under	Freestyle Relay	4x50m	Girls	Medals
24	9yrs & Under	Freestyle Relay	4x50m	Mixed	Kapiti Cup
25	11yrs & Under	Freestyle Relay	4x50m	Mixed	Centre Silver Tray
26	13yrs & Under	Freestyle Relay	4x50m	Mixed	Centre Silver Tray
27	15yrs & Under	Freestyle Relay	4x50m	Mixed	Herbert Smith Cup
28	Open Men	Freestyle Relay	4x50m	Boys	Centre Silver Tray
29	Open Women	Freestyle Relay	4x50m	Girls	Centre Silver Tray
30	Golden Oldies	Freestyle Relay	4x50m	2 Men & 2 Women	Golden Oldies Trophy
31	Flying Squadron	Freestyle Relay	10x50m	1 boy & 1 girl from each age group	Karori Shield

CONDITIONS OF ENTRY

1. Meet will be swum under SNZ /FINA rules and local rules.
2. The Championships are open to all Club and Competitive swimmers who are registered in the SNZ Database.
3. Age as at 3 August 2019, all events can accept multiple teams per Club.
4. Swimming up an age is permitted in all events EXCEPT 1 & 30, which must have actual age group swimmers. Swim ups in Event 31 (Flying Squadron) are only permitted where a certain age group cannot provide a swimmer, evidence is to be provided by email to events@swimwn.co.nz at time of entry.
5. Swimmers may swim in both age group and open events
6. Super 5 & Flying Squadron age groups are 9/under, 10/11, 12/13, 14/15, 16/over
7. Flying Squadron (Event 31) swimming order must be youngest first to oldest last, genders to alternate with females starting followed by males. Entries to be submitted to events@swimwn.co.nz due to MM software restrictions
8. All Clubs should have a team manager present at the marshalling area to assist with identification of teams
9. The age for the Golden Oldies is not less than 30 years. No other restrictions apply
10. All relay events must have submitted names and times when entries are made. Any changes to relays must be submitted by 12 (midday) on Saturday 3rd August 2019, to events@swimwn.co.nz. Failure to swim in the named order will result in disqualification of the team
11. All entries are to be submitted online via the SNZ online portal by the Club Administrator/Race Secretary
12. Entries open on Monday 1st July and close on Sunday 28 July at 23:59:59 – late entries will not be accepted
13. Swim up swimmers will need to be advised in via email to events@swimwn.co.nz as they cannot be inserted online
14. Entry fees will be \$25.00 per team per event, except for the Golden Oldies which will be free
15. Clubs will be invoiced for the entry fees of \$25 per team, and must be paid by Tuesday 30th July 2019. Direct bank deposit or Electronic payments can be made to; WPT 030502-0166158-00. The conditions of this meet are that all entry fees are to be paid in advance
16. There will be no refunds for withdrawals after the circulation of psych sheets on Monday 29 July 2019
17. Medals for places 1-3 inclusive will be presented progressively, along with the Event Trophies. All team members will be expected to attend the presentation. Current trophy holders are to ensure that the trophies are cleaned, engraved and returned to SW offices by Monday 22 July 2019, at Pelorus House, 93 Hutt Park Road, Seaview. Medals will be presented for all events. The trophies will awarded for the mixed gender events.
18. All participants must agree to comply with the Sports Anti-Doping Rules
19. Para swimmers are eligible to compete at this meet and shall compete under the IPC Swimming Rules. Para swimmers must present their classification card to the Meet Director prior to the commencement of the meet
20. By entering this event swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy
21. Strapping of muscles/joints is not permitted unless supported by a doctor or physio certificate and sighted by the Technical Director prior to the start of the meet.
22. Swimming Wellington reserves the right to restrict entries, combine events or alter the programme
23. Swimming Wellington will not be liable for any loss, damage or injury that may occur at this meet

CLUB / SPECTATOR INFORMATION

1. There will be no allocated seating for this meet.
2. Duty Club to provide the following
 - a. Door & Health and Safety signage (2, arrive at 4.00pm) – SZR
 - b. Refreshments (2, arrive at 4.15pm) – RAUMATI
 - c. Results (1, arrive at 4.45pm) – TAWA
 - d. Medals (1, arrive at 5.00pm) – PCA
3. Officials and Coach/Managers at a ratio of 1 per 4 Club Teams will be free on sign in at the door
4. Spectator's entry fee will be \$3.
5. Programmes will be made available online on the Swimming Wellington website on Thursday 1 August at 5.00pm. There will be no programmes printed for spectators.
6. Entry (and programmes) for nominated Team Coaches & Team Managers will be; 1–10 Swimmers [2], 11-20 [4], 21-35+ [6]. Programmes for Team Managers & Coaches can be uplifted from the Officials table.
7. Participating clubs will be required to provide officials for this meet. A request for officials will be sent by the SW Regional Technical Officials Panel (RTOP). Officials to bring own water bottle.

WARM UP PROCEDURE

Lanes 0-9: General Swimming with only feet first entry applicable in all lanes.

Lanes 0/1 & 8/9: To become dive lanes at 4.45pm.

Lane 2: designated pace lane

Access all the Swimming Wellington Tier One Meet information on Meet Mobile

CHANGING THE WAY SWIM MEETS ARE EXPERIENCED:



Swimmers can check heat sheets and event timelines from anywhere to make sure they're at the starting block on time.

Fans can flag and track their favourite swimmers in real time, without needing to be at the meet.

Coaches can flag their swimmers and/or teams as favourites and then easily drill down into heat and lane assignments.

SPONSORS



**Huge thanks to all of our sponsors!!
Without them none of this would be possible**