



SWIMMING WELLINGTON LONG DISTANCE MEET



23 July 2016, Coastlands Aquatic Centre

Warm up 4.30pm, Start 5.00pm

This meet will be swum Short Course

Swimming Wellington is GST registered 59-780-824

Event No.	Event	M/F
1	400 Free	F
2	400 Free	M
3	1500 Free	F
4	1500 Free	M
5	800 Free	F
6	800 Free	M

Visit Coastlands prior to the start of the meet and bring your receipt along to go into the Draw for a 2 x \$100 shopping vouchers

Meet Conditions:

1. Meet will be swum under SNZ/FINA rules
2. This meet is open to all financial SNZ registered competitive swimmers 12 years and over.
3. Age as at the 23 July 2016.
4. Self-marshalling will operate throughout the meet.
5. This event will be swum short course. Pool depth is 2m.
6. All events will be swum as timed finals
7. No times will be accepted. This includes 400's, however a swimmer wishing to do a 400 swim, should have a 200m freestyle time (for seeding purposes). **Clubs are asked to exercise discretion in relation to a swimmer's ability.** If swimmers do not have a time 1500 or 800 time swum in the last year, clubs are to submit a recent 400m time for grading purposes only.
8. Swimmers in Events 3 or 4 requiring an official 800m will receive an electronic time.
9. All participants must agree to comply with the Sports Anti-Doping Rules.
10. **Entry fees are \$10.00 per event per swimmer. Entries will be via the SNZ Database.**
11. **Entries close at 23:59:59 (Midnight) on Sunday 17 July 2016. Late entries will not be accepted.**
12. There will be no refunds for withdrawals once psych sheets are released on Monday 18 July 2016.
13. Programmes \$2. Spectators free
14. Para swimmers are eligible to compete at this meet and shall compete under the IPC Swimming Rules. Para swimmers must present their classification card to the Meet Director prior to the commencement of the meet
15. **By entering this meet, swimmers agree to allow images (e.g. photography, video, etc.) to be taken by accredited media approved by Swimming Wellington. Images are only to be used for legitimate purposes by Swim Wellington in accordance with the SNZ Member Protection Policy.**
16. All swimmers entering this meet must provide an official or person to assist with running the meet as required.
17. Swimming Wellington reserves the right to restrict entries, combine events or alter the programme.
18. Swimming Wellington will not be liable for any loss, damage or injury that may occur at this meet.

Meet Organisers: Henrietta Latham Operations@swimwn.co.nz

Bridget Tait Events@swimwn.co.nz

Meet Director - To be advised

Duty Clubs: Door - Raumati x2

Refreshments - SwimZone x2

Runner - PCA x1

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It's great to be here!