



Health & Safety Safeguards for Swimming Wellington hosted events

- ✓ Ensure pre-meet advertising includes H & S message for Clubs, parents & swimmers
- ✓ Ensure all hazards are well sign posted
- ✓ Ensure you understand your facility Health & Safety and Evacuation procedures.
- ✓ Ensure all Coaches, Swimmers, Parents and members are aware of the warm up procedures in place
- ✓ Ensure all are aware of meeting points in an evacuations or emergency
- ✓ Ensure all employed staff / or volunteer staff are trained to know what to do in an emergency
- ✓ Ensure safety instructions are visible at all times during warm up
- ✓ Ensure Team Managers are brief prior to the start of the meet
- ✓ Ensure a recording process in place for recording incidences
- ✓ Ensure facility provide the SW and Club with a hard copy or electronic copy of any Incident Reports
- ✓ Ensure outcomes are recorded
- ✓ Ensure a hard copy on file
- ✓ Ensure Work Safe have been informed of any near misses or incidents immediately by facility

Important Key

- T Train those that need to know**
- E Ensure everyone understands the rules**
- A Advertise safety rules**
- M Monitor and record any incidents**

Together Everyone Achieves More safely

Go to the Swimming Wellington website, click on;
'Swim Wgtn' tab → 'Health & Safety' tab
for all Health and Safety Information