

## Instructions for Clubs – Health & Safety

Clubs – here are the recommendations from the SNZ TAC :

1. Meet flyers refer to the fact that the meet will start at the shallow end of the pool and that care needs to be taken during warm-up and during the meet
2. A message regarding pool depth is included in the meet programme that is issued to members of the public (along with any other required health & safety and member protection messaging relevant to the meet)
3. safety messages are presented on the on the scoreboard prior to and during warm-up (to the extent this is possible with other scoreboard testing, etc. that needs to take place during warm up)
4. safety messages are placed at the end of the pool during warm-up and during the meet (e.g. POOL DEPTH 1.2m. CAUTION NEEDED)
5. there is a team manager's meeting PRIOR to the commencement of warm-up at the first session of meet to alert managers to the issue and remind them of the warm-up rules (i.e. feet first entry to the pool only during warm-up, except in assigned sprint lanes)

Swimming Wellington has created the following to assist Clubs accordingly;

- ✓ We have includes the following statement in short course fliers held in facilities which reads

This meet will start at the shallow end of the pool and care needs to be taken during warm-up and during the meet **(This condition is only relevant to meets being swum in pools that are less 1.35m deep at the starting end)**

- ✓ We have created a template for all clubs which should appear inside the programme notifying Team Managers, Coaches, parents and swimmers of the Health & Safety standards requirements of facility
- ✓ Standard template has been created for warm up procedures in all pools and will be available
- ✓ Team Managers Meeting notification is included in the standard meet conditions.  
**A Team Managers Meeting will be held 10 minutes prior the start of the meet**

All Standard forms will be available from the Swimming Wellington website w: [wellington.swimming.org.nz](http://wellington.swimming.org.nz) under the 'Swim Wgtn' icon 'Health & Safety'