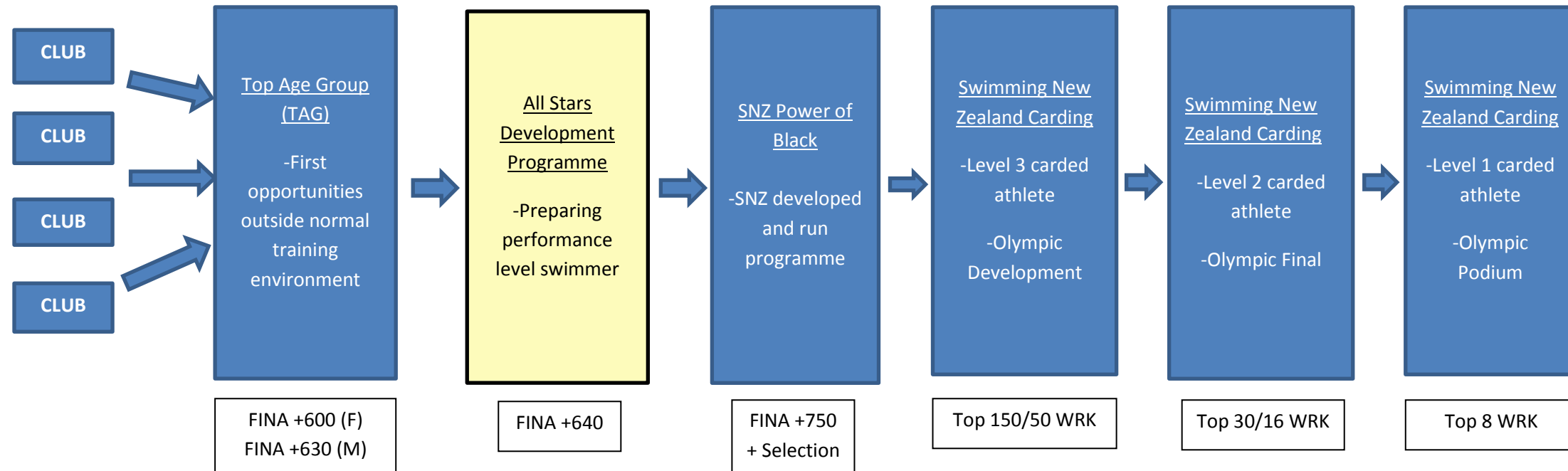


## Swimming Wellington - All Stars Development Programme



- Within these two levels swimmers still train and work with club coaches.
- They receive external assistance and support on skill development, training habits, and their lifestyle.
- Coaches are invited and encouraged to attend training development with swimmers.